

Hi, I'm Ian Stenlake.

Working on the Sea Patrol TV Series was an exciting and enjoyable experience for me.

It was also very rewarding because I got to know some of the remarkable people who serve in the **Australian Defence Force**.

They are hard working Australians who are dedicated to serving their Nation no matter how tough the going gets; and for many of them, it becomes a career spanning twenty years or more.



But you may be surprised to learn, just as I was, how poorly these long serving ADF members are rewarded for their unique military service when they retire.

The average superannuation pension for military families is **less than the couples' rate Age pension**, and what they receive isn't adjusted to keep pace with the real cost of living.

Their pensions have fallen behind in value for the past twenty years because of inadequate adjustments for cost of living increases.

Australia's retired military veterans are seeking a **FAIR GO**. All they want is to have their superannuation pensions adjusted for cost of living changes at the same percentage rate as the **Age pension**.

How fair is that?

If you are as disgusted by their treatment as I am, **You Can Help**.

Contact your local Federal politician now, by letter or email, and express your opinion on a **Fair Go** for our retired Diggers. You can find out more at **www.standto.org**



ALLIANCE OF DEFENCE SERVICE ORGANISATIONS